



Boys Team Gymnastics Coach

Position Overview

We are seeking a dedicated and experienced Boys Team Gymnastics Coach to train and develop athletes in a competitive program. This role focuses on skill progression, routine development, and preparing gymnasts for competitions while fostering discipline, confidence, and teamwork.

Key Responsibilities

- Coach competitive team gymnasts (USAG levels, depending on program)
 - Develop and implement structured training plans for all events
 - Teach proper technique, strength training, and skill progressions
 - Prepare athletes for competitions
 - Provide consistent, constructive feedback to athletes
 - Ensure athlete safety through proper spotting and equipment use
 - Track athlete progress and set individual/team goals
 - Communicate effectively with parents regarding progress and expectations
 - Attend and coach at competitions, meets, and team events
 - Collaborate with other coaches and staff to support program growth
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Qualifications

- Prior experience coaching competitive gymnastics required
 - Strong knowledge of gymnastics techniques, progressions, and routines
 - Understanding of competitive rules and scoring (USAG)
 - Excellent leadership, communication, and organizational skills
 - Ability to motivate and manage athletes of varying skill levels
 - CPR/First Aid certification (or willingness to obtain)
 - SafeSport Certification
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Preferred Qualifications

- Former competitive gymnast

- Experience with routine composition
 - Familiarity with strength and conditioning programs for gymnasts
 - Background in judging or meet preparation
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Work Schedule

- Part-time or full-time depending on program needs
 - Evening and weekend availability required
 - Travel required for competitions
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Physical Requirements

- Ability to demonstrate and spot advanced gymnastics skills
 - Stand, move, and coach for extended periods
 - Lift and assist athletes safely
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Why Join Us?

- Competitive, team-focused environment
 - Opportunity to shape athlete success and growth
 - Supportive coaching staff and leadership
 - Professional development opportunities
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For more information regarding employment at Texas Dreams Gymnastics, please email us at Info@TexasDreams.com. Please complete the online form on our Career page and attach your resume.