



## Recreational Gymnastics Coach

### Position Overview

We are seeking an enthusiastic and reliable Recreational Gymnastics Coach to lead classes for children of varying ages and skill levels. The ideal candidate creates a fun, safe, and engaging environment while teaching fundamental gymnastics skills and promoting confidence, coordination, and teamwork.

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### Key Responsibilities

- Lead structured recreational gymnastics classes for children (typically ages 3–12)
  - Teach basic skills on events such as floor, beam, bars, and vault
  - Ensure a safe training environment by enforcing gym rules and spotting techniques
  - Plan and implement age-appropriate lesson plans and progressions
  - Provide positive feedback and encouragement to students
  - Monitor student progress and communicate with parents as needed
  - Assist with gym events as required
  - Maintain cleanliness and organization of equipment and facility
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### Qualifications

- Previous experience in gymnastics, coaching, or working with children preferred
  - Knowledge of basic gymnastics skills and progressions
  - Strong communication and interpersonal skills
  - Energetic, patient, and positive attitude
  - Ability to manage groups of children in a structured setting
  - CPR/First Aid certification (or willingness to obtain)
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### Preferred Qualifications

- Background in cheer, dance, or gymnastics
- Experience in a recreational or beginner-level coaching environment
- Ability to engage young children and keep classes fun and active

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## **Work Schedule**

- Part-time; evenings and/or weekends required
- Flexible scheduling based on class needs

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## **Physical Requirements**

- Ability to spot and assist children safely
- Stand, walk, bend, and lift for extended periods
- Lift up to 30–50 lbs as needed

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## **Why Join Us?**

- Positive, team-oriented environment
  - Opportunity to make a meaningful impact on children's development
  - Training and professional growth opportunities
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For more information regarding employment at Texas Dreams Gymnastics, please email us at [Info@TexasDreams.com](mailto:Info@TexasDreams.com). Please complete the online form on our Career page and attach your resume.